

Authorized Forklift Operator Training

Perintis OSH Sdn Bhd



1-day



HRDC
Claimable



In-House / Public
Training



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Introduction:

The program equips participants with essential knowledge and practical skills to operate forklifts safely and efficiently, focusing on hazard awareness, safe maneuvering, load handling, inspection procedures, and compliance with workplace safety regulations.

Training Methodology:

Interactive lectures, hands-on AI exercises, group discussions, practical applications, quizzes, and group presentations

Objectives:

- Understand legal requirements & operator responsibilities
- Learn safe operating techniques and best practices
- Perform proper pre-operation inspections
- Identify hazards and apply risk controls
- Improve maneuvering and load handling skills

Benefits:

- Gain competency in safe forklift operation
- Reduce workplace accidents & property damage
- Build confidence in handling loads
- Strengthen OSHA compliance
- Enhance workplace productivity

Course Outline

Introduction to Forklifts

- Types, components, stability concepts

Legal & Regulatory Requirements

- Operator authorization, OSHA obligations

Hazard Identification & Risk Control

- Traffic management, blind spots, environmental conditions

Pre-Operation Inspection

- Daily checks, defect identification, reporting

Safe Operating Techniques

- Maneuvering, stacking, lifting/lowering, travelling with loads

Load Handling & Stability

- Center of gravity, load limits, stability triangle

Parking & Shutdown Procedures

- Securing the forklift safely

Practical Session

- Hands-on driving, load handling, assessment

Contact Us :



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