

LOCK OUT & TAG OUT TRAINING

Perintis OSH Sdn Bhd



1-day



HRDC
Claimable



In-House



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Introduction:

This program provides participants with the knowledge and skills to safely isolate hazardous energy sources during maintenance or servicing of machinery and equipment. It covers legal requirements, energy types, LOTO procedures, and practical application to prevent workplace accidents and injuries.

Training Methodology:

Interactive lectures, hands-on practical exercises, demonstrations, group discussions, case studies, and competency assessment.

Objectives:

- Understand the importance and legal requirements of LOTO procedures
- Identify hazardous energy sources and control measures
- Apply proper LOTO procedures to machinery and equipment
- Promote a culture of safety and compliance in energy isolation activities

Benefits:

- Reduce risk of accidents caused by unexpected energy release
- Improve workplace safety and compliance with OSH regulations
- Enhance competency in implementing effective LOTO procedures
- Build confidence in supervising or performing maintenance safely

Course Outline

Introduction to LOTO

- LOTO purpose, requirements, hazardous energy, and responsibilities

LOTO Procedures & Equipment

- LOTO steps, devices, tags, and safety communication

Energy Source Identification & Risk Assessment

- Energy identification, risk assessment, and control planning

Safe Work Practices & Verification

- LOTO application, energy verification, and safe restoration

Practical Exercises

- Hands-on LOTO application and lockout/tagout demonstration

Contact Us :



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